ILWU-PMA
JOINT COAST LABOR RELATIONS COMMITTEE

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Guidance for All Longshore and Clerk Workers for Reporting Suspected Or
Confirmed COVID-19 Cases

Suspected vs. Confirmed COVID-19 Case

o   A **suspected case** shows symptoms of COVID-19 but either has not been tested or is awaiting test results. (*If test results are positive, a **suspected case** then becomes a **confirmed case**.*)

—   The most common symptoms of COVID-19 are fever, cough, shortness of breath, body aches and fatigue. Like other respiratory infections, COVID-19 can vary in severity from mild to severe.

o   A **confirmed case** has received a positive result from a COVID-19 laboratory test, with or without symptoms.

If You Suspect You Have COVID-19:

1. If you are **symptomatic and suspect you have COVID-19**, contact your health care provider in advance in order to get the care you need while protecting your fellow workers from the risk of possible exposure. Your health care provider should advise you of the need to isolate (14-day period is the standard according to the CDC).

2. **Notify** the Local JPLRC and contact your Union representative(s) to notify them of your condition and inform them of the first day your symptoms appeared.

3. The **JPLRC** will conduct an **investigation** and will distribute proper notifications.

4. If you are **symptomatic**, and were not tested, you may **NOT** return to work **until**:

   ✓ Your symptoms have **improved**; and

   ✓ You have **no fever for at least 72 hours**; and

   ✓ **Seven days have passed** since symptoms **first appeared**.

   ✓ Notified the PMA, your employer and contacted your Union representative(s)

   This protects the safety and well-being of all.

Exposure to the Virus

If you have been **Exposed** (within 6 feet for about 10 minutes or more) to someone who is **Suspected** or someone who is **Confirmed** to have COVID-19, then;

o   The **CDC Guidelines** advise that you should **self-quarantine** and monitor yourself for symptoms during the 14-day quarantine period.

o   **While self-quarantined**, if you have the symptoms as previously described in the shaded box above, follow steps **1-4 as outlined**.

If You Have A Confirmed Case of COVID-19:

1. **Immediately** notify the Local JPLRC and contact your Union representative(s) to notify them of your condition and inform them of the first day your symptoms appeared.

2. If you have a **confirmed** case of COVID-19 you may **NOT** return to work until you meet the following criteria:

    ✓ You have received two negative tests in a row conducted 24 hours apart from each other and no longer have a fever and other symptoms have improved.

    If no test is performed:
    ✓ Your symptoms have improved; **and**
    ✓ You have NO fever for at least 72 hours; **and**
    ✓ Seven (7) days have passed since symptoms first appeared.